## Human Anatomy Physiology 11th Edition Marieb Test Bank

Exam

Name\_\_\_\_\_

SHORT ANSWER. Write the word or phrase that best completes each statement or answers the question.

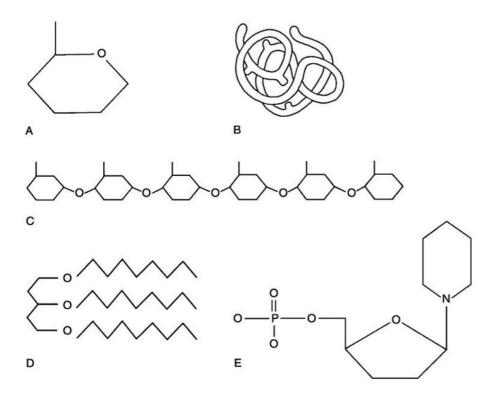


Figure 2.1

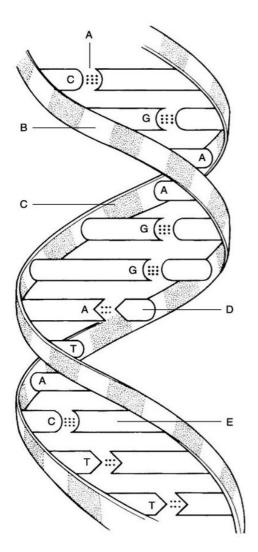
Using Figure 2.1, match the following:

1) Lipid.

Answer: D

- 2) Functional protein. Answer: B
- 3) Nucleotide. Answer: E
- 4) Polysaccharide. Answer: C
- 5) Monosaccharide. Answer: A
- 6) Polymer.
  - Answer: C

7) Tertiary (protein) structure. Answer: B





Using Figure 2.2, match the following:

- B) Deoxyribose sugar.
   Answer: B
- 9) Thymine.
  - Answer: D
- 10) Guanine.
  - Answer: E
- 11) Phosphate.
  - Answer: C

12) Hydrogen bonds. Answer: A

MATCHING. Choose the item in column 2 that best matches each item in column 1.

Match the following chemical bonds to the correct description:

<ol> <li>A bond in which electrons are shared unequally.</li> </ol>	A) Nonpolar covalent bond	
Answer: D	B) Hydrogen bond	
14) A bond in which electrons are completely lost or gained by the atoms involved.	C) Ionic bond D) Polar covalent bond	
Answer: C	,	
<li>15) A bond in which electrons are shared equally.</li>		
Answer: A		
<ul> <li>16) A type of bond important in tying different parts of the same molecule together into a three-dimensional structure.</li> <li>Answer: B</li> </ul>		
Match the following particles to the correct description:		
17) Negatively charged subatomic particle.	A) Proton	
Answer: D	B) Neutron	
<ol> <li>Neutral subatomic particle.</li> <li>Answer: B</li> </ol>	C) Atom	
<ul><li>19) Smallest particle of an element that retains its properties.</li><li>Answer: C</li></ul>	D) Electron	
20) Positively charged subatomic particle.		
Answer: A		
21) Subatomic particle having an AMU (Atomic Mass Unit) of zero.		
Answer: D		

Match the following:

22) Water.	A) Compound
Answer: A	B) Solution
23) Saline. Answer: B	C) Suspension
24) Dry ice (frozen carbon dio) Answer: A	ide).
25) Blood. Answer: C	
Match the following:	
26) Can be measured only by i matter.	as effects on A) Matter
Answer: B	B) Energy
27) Anything that occupies spa mass.	ce and has C) Mass
Answer: A	D) Weight
28) Although a man who weig pounds on Earth would be the moon and heavier on Ju would not be diff Answer: C	lighter on ıpiter, his
29) Is a function of, and varies gravity. Answer: D	with,
Match the following:	
30) Legs moving the pedals of Answer: A	a bicycle. A) Mechanical energy

31)	When the bonds of ATP are broken, energy is released to do cellular work.	A) Radiant energy
	Answer: C	B) Electrical energy
32)	Energy that travels in waves. Part of the electromagnetic spectrum. Answer: A	C) Chemical energy
33)	Represented by the flow of charged particles along a conductor, or the flow of ions across a membrane.	
	Answer: B	
Match the	following:	
34)	Protein structure achieved when alpha-helical or beta-pleated regions	A) Secondary
	of the polypeptide chain fold upon one another to produce a compact	B) Tertiary
	ball-like, or <i>globular</i> , molecule. Answer: B	C) Quaternary
35)	The sequence of amino acids that form the polypeptide chain. Answer: D	D) Primary
36)	Protein structure represented by alpha-helices and beta-sheets. Answer: A	
37)	Two or more polypeptide chains, each with its own tertiary structure. Answer: C	
Match the	following:	
38)	Usually, the first one or two letters of an element's name.	A) Atomic number
	Answer: B	B) Atomic symbol
39)	Number of protons in an atom. Answer: A	C) Mass number of an element
40)	Combined number of protons and neutrons in an atom. Answer: C	

TRUE/FALSE. Write 'T' if the statement is true and 'F' if the statement is false.

41) The atomic number of any atom is equal to the number of electrons in its nucleus and is written as a subscript to the left of its atomic symbol.

Answer: True O False

- 42) It is the difference in the R group that makes each amino acid chemically unique.Answer: TrueFalse
- 43) Chemical properties are determined primarily by neutrons.Answer: True False
- 44) A charged particle is generally called an ion or electrolyte.Answer: TrueFalse
- 45) Isotopes differ from each other only in the number of electrons the atom contains.Answer: True Zeria
- 46) About 60% to 80% of the volume of most living cells consists of organic compounds.Answer: True ✓ False
- 47) Triglycerides are a poor source of stored energy.Answer: True False
- 48) Omega-3 fatty acids appear to decrease the risk of heart disease.Answer: TrueFalse
- 49) Glucose is an example of a monosaccharide.Answer: TrueFalse
- 50) Glycogen, the storage form of glucose, is primarily stored in skeletal muscle and liver cells.Answer: ✓ True✓ False
- 51) The lower the pH, the higher the hydrogen ion concentration.Answer: TrueFalse
- 52) The sharing of electrons in covalent bonds makes them stronger than ionic and hydrogen bonds.Answer: TrueFalse
- 53) Hydrogen bonds are too weak to bind atoms together to form molecules, but they do hold different parts of a single large molecule in a specific three-dimensional shape.

Answer: Value False

54) The fact that no chemical bonding occurs between the components of a mixture is the chief difference between mixtures and compounds.

Answer: V True False

55) The acidity of a solution reflects the concentration of free hydrogen ions in the solution.

Answer: <a>True</a> False

	56) A chemical bond is an energy relationship between outer electrons and neighboring atoms.						
		Answer: 🥝	True	False			
	57)	57) All organic compounds contain carbon except $CO_2$ and $CO_2$					
	01)	Answer: 🥥	-	False			
		Allswei.	nue	1 0130			
	58)	A dipeptide	e can be bro	ken into two a	amino acids by dehyd	ration synthesis.	
		Answer:	True 🧧	False			
	50)	The nH of h	ody fluids	must remain f	fairly constant for the	body to maintain homeostasis	
	57)	Answer: Ø	-	False			
			in de				
	60)	Mixtures ar chemical bo		ions of elemer	nts or compounds that	are physically blended togeth	her but are not bound by
		Answer: 📀	True	False			
	61)	Buffers resi	st abrunt a	nd large chang	ies in the nH of body t	fluids by releasing or binding	ions
	01)	Answer: 2	•	False	jes in the prior body i	raids by releasing or binding	10113.
				. 0.00			
MULT	IPL	E CHOICE	. Choose th	ne one alterna	tive that best comple	tes the statement or answers	the question.
	62)	Which of th	e following	j elements is n	ecessary for proper co	nduction of nerve impulses?	
		A) P		B) Fe	9	C) Na	D) I
		Answer: C					
	63)	The basic st	ructural m	aterial of the b	ody consists of		
		A) nuclei		B) li	-	C) carbohydrates	D) proteins
		Answer: D					
	64)	In general	the linids th	nat we refer to	as oils at room tempe	rature have	
	07)	•	atty acid ch			B) unsaturated fatty acids	
		C) satura	ited fatty ac	ids		D) a high water content	
		Answer: B					
	65)	The genetic	informatio	n is coded in I	ONA by the		
	00)	•			the double helix		
		-		-	phosphate molecules		
			nce of the r				
		Answer: C	gement of t	he histones			
	66)		-		aracterize proteins?		
		, ,	5		gulated by heat or acid	5	
					structural roles in the r three-dimensional s	5	
				-	ar carriers of coded he	-	
	Answer: D						

67)	The single most abundant prot	-	-	
	A) glucose	B) DNA	C) collagen	D) hemoglobin
	Answer: C			
68)	Carbohydrates are stored in th	e liver and skeletal muscles i	n the form of	
	A) glycogen	B) cholesterol	C) glucose	D) triglycerides
	Answer: A			
69)	<ul> <li>Which of the following does N</li> <li>A) Enzymes work by raising</li> <li>B) Some enzymes are purely</li> <li>C) Each enzyme is chemical</li> <li>D) Some enzymes are proteined</li> <li>Answer: A</li> </ul>	g the energy of activation. y protein. ly specific.		
70)	<ul> <li>Which of the following is a ger</li> <li>A) transport</li> <li>B) body defense</li> <li>C) protein management</li> <li>D) structural framework</li> <li>E) catalysis</li> </ul>	neral function for a fibrous pr	otein?	
	Answer: D			
71)	A chemical reaction in which b A) forming a smaller molect C) degradation Answer: D		ssociated with B) the release of energy D) the consumption of energ	ЭУ
72)	Salts are always A) hydrogen bonded C) ionic compounds Answer: C		B) double covalent compou D) single covalent compour	
73)	The numbers listed represent t On this basis, which of the foll			y levels, respectively.
	A) 2, 8, 8	B) 2, 8, 1	C) 2, 8	D) 2
	Answer: B			
74)	B) The more hydrogen ions	concentration decreases, the h in a solution, the more acidic e mixed, they react with each	the solution.	
75)	Which of the following is the n A) hydrogen Answer: B	najor positive ion outside cell B) sodium	s? C) potassium	D) magnesium

76) Which of the following w A) CO <sub>2</sub>	vould be regarded as an orga B) CH4	anic molecule? C) H <sub>2</sub> O	D) NaOH
Answer: B			
<ul><li>77) What is a chain of more t</li><li>A) triglyceride</li><li>Answer: D</li></ul>	han 50 amino acids called? B) nucleic acid	C) polysaccharide	D) protein
<ul><li>78) What structural level is r</li><li>A) primary structure</li><li>C) tertiary structure</li><li>Answer: A</li></ul>	epresented by the sequence	of amino acids in a polypeptid B) secondary structure D) quaternary structur	<u>)</u>
<ul><li>A) removal of a carbor</li><li>B) removal of a water</li><li>C) addition of a water</li></ul>	eins are built up from their b n atom between each two un molecule between each two molecule between each two n atom between each two ur	units units	
<ul><li>B) Enzymes may be da</li><li>C) Most enzymes can</li></ul>	coenzymes derived from vita amaged by high temperatur catalyze millions of reaction		c elements.
B) Catalysts increase t C) Larger particles mo	progress at a faster rate whe he rate of chemical reactions	en the reacting particles are pre s, sometimes while undergoing and thus collide more frequent gher temperatures.	reversible changes in shape.
(2) (because the approximation that h	aat daaaribaa LICO		
<ul><li>82) Choose the answer that b</li><li>A) a weak acid</li><li>C) common in the live</li></ul>	, i i i i i i i i i i i i i i i i i i i	<ul><li>B) a proton donor</li><li>D) a bicarbonate ion</li></ul>	
Answer: D			
83) Select which reactions w A) ADP + Pi to make A	5	jarding chemical equilibrium in B) glucose to CO <sub>2</sub> and	
C) H <sub>2</sub> O + CO <sub>2</sub> to mak	e H <sub>2</sub> CO <sub>3</sub>	D) glucose molecules j	oined to make glycogen
Answer: B			

84)	What happens in redox reaction			
	<ul> <li>A) the organic substance tha</li> <li>B) the reaction is uniformly</li> </ul>		duced	
	C) both decomposition and e D) the electron acceptor is ox	-		
	Answer: C			
85)	Which type of proteins can fun	ction as chemical messengers	s or as receptors in the plasma	a membrane?
	A) enzyme	B) communication	C) defensive	D) transport
	Answer: B			
86)	Which of the following does No	OT describe uses for the ATP		
	<ul> <li>A) mechanical work</li> <li>C) transport down their cond</li> </ul>	centration gradient	<ul><li>B) chemical work</li><li>D) pigment structure</li></ul>	
	Answer: D		-, F.S	
87)	Select the most correct statemer	nt regarding nucleic acids.		
	A) DNA is a long, double-st	-	A, T, G, and C bases.	
	<ul> <li>B) Three forms exist: DNA, F</li> <li>C) RNA is a long, single-stra</li> </ul>		he bases A T G and C	
	D) tDNA is considered a "mo	-		
	Answer: A			
88)	Which of the following is an ex	ample of a suspension?		
	A) salt water	B) cytosol	C) rubbing alcohol	D) blood
	Answer: D			
89)	If the atomic mass of an elemer element?	it is 14 and the atomic numbe	er is 6, which of the following	would describe this
	A) isotope	B) atom	C) neutral	D) ion
	Answer: A			
90)	The four elements that make up	o about 96% of body weight a	are	
	A) nitrogen, hydrogen, calciu		B) carbon, oxygen, hydroge	•
	C) sodium, potassium, hydro Answer: B	ogen, oxygen	D) carbon, oxygen, phospho	orus, calcium
	Allswei: B			
91)	is fat soluble, produce growth and function.	ed in the skin on exposure to	UV radiation, and necessary	for normal bone
	A) Vitamin D	B) Vitamin K	C) Vitamin A	D) Cortisol
	Answer: A			
92)	You notice that you cannot read	5		
	so blurred as to be unreadable.		bottom of the beaker, thoug	h it has been sitting for
	several days in a rack. What typ A) suspension	B) mixture	C) solution	D) colloid
	Answer: D			

93) Atom X has 17 proto A) 7	ns. How many electrons ar B) 3	e in its valence shell (outermost C) 5	energy level)? D) 10
Answer: A			
94) A high fever causes a when a protein dena	-	dimensional structure and func	tion. Which bonds are broken
<ul><li>A) ionic bonds</li><li>C) non-polar cova</li></ul>	alent bonds	B) hydrogen bonc D) polar covalent	
Answer: B			
95) If atom X has an ator A) 37 electrons C) 74 protons	nic number of 74 it would I	have which of the following? B) 37 protons and D) 37 protons and	
Answer: C			
B) The substance	bon, 12 hydrogen, and 6 ox is a colloid. cium, 12 hydrogen, and 6 o		
Answer: A			
97) An atom with 3 elect A) 8	trons in its outermost (valer B) 3	nce) shell may have a total of C) 17	electrons altogether. D) 13
Answer: D			
98) Which of the followi	ng is a neutralization reacti	on?	
, A) HCI → <del>H</del> + + CI <sup>-</sup>	-	B) HCI + NaOH –	→NaCl + H <sub>2</sub> O
C) NH <sub>3</sub> + H <sup>+</sup> →N	H <sub>4</sub> +2	D) NaOH →Na+ +	OH-
Answer: B			
	0		
B) an atom that sh C) a molecule that	nares its valence electrons t has both positive and nega	nd acquires a net positive charg ative charges and acquires a net negative char	

101) What does CH<sub>4</sub> mean? A) There is one carbon and four hydrogen atoms. B) This was involved in a redox reaction. C) There are four carbon and four hydrogen atoms. D) This is an inorganic molecule. Answer: A 102) Amino acids joining together to make a peptide is a good example of a(n) \_\_\_\_\_ reaction. A) reversible B) exchange C) decomposition D) synthesis Answer: D 103) Which of the following is NOT considered a factor in influencing a reaction rate? A) particle size B) time C) temperature D) concentration of reactants Answer: B 104) Which property of water is demonstrated when we sweat? A) high heat of vaporization B) polar solvent properties C) cushioning D) high heat capacity E) reactivity Answer: A 105) Starch is a \_\_\_\_\_ B) triglyceride C) monosaccharide D) disaccharide A) polysaccharide Answer: A 106) What is the ratio of fatty acids to glycerol in triglycerides (neutral fats)? A) 2:1 B) 4:1 C) 3:1 D) 1:1 Answer: C 107) In a DNA molecule, the phosphate serves \_\_\_\_ A) as a code B) as nucleotides C) to bind the sugars to their bases D) to hold the molecular backbone together Answer: D 108) When frying an egg, the protein albumin denatures and maintains only its \_\_\_\_\_\_ structure. A) primary B) tertiary C) secondary D) quaternary Answer: A 109) Which of the following is chemically inert (unreactive)? A) sodium (atomic number 11) B) carbon (atomic number 6) C) oxygen (atomic number 8) D) neon (atomic number 10) Answer: D 110) An atom with an atomic number of 10 and a mass number of 24 would have \_\_\_\_\_ A) 24 protons B) 10 neutrons D) 14 electrons C) 14 neutrons Answer: C

<ul><li>111) When DNA is replicated, it is is most appropriate for holdin A) hydrogen bonding</li></ul>			
C) ionic bonding		D) polar covalent bonding	ang
Answer: A			
112) Lithium has an atomic numbe A) one Answer: A	er of 3. How many electrons a B) two	re there in the outermost (val C) three	ence) shell? D) zero
Allswel: A			
113) ATP →ADP + Pi is an example A) exchange Answer: C	e of a(n) reaction. B) synthesis	C) decomposition	D) reversible
114) An acid with a pH of 6 has	hydrogen ions than p	ure water.	
A) 100-fold more Answer: C	B) 10-fold fewer	C) 10-fold more	D) 100-fold fewer
115) A patient is hyperventilating. concentration. How can the ca CO <sub>2</sub> + H <sub>2</sub> O ←H <sub>2</sub> CO <sub>3</sub> ←H <sup>+</sup> + I	arbonic acid-bicarbonate buf		
•	o form H <sub>2</sub> CO <sub>3</sub> and lower pH	ł	
B) H <sub>2</sub> CO <sub>3</sub> dissociates to for			
C) H <sub>2</sub> CO <sub>3</sub> dissociates to for	-		
	o form $H_2CO_3$ and raise pH		
Answer: C	2 - 3		
116) Forming glycogen as energy s A) anabolism	torage in the liver is an exam B) exergonic	ple of C) catabolism	D) oxidation
Answer: A			
	llows the food into the stoma re but retain its function. re and become inactive.	nch where the pH drops to 2.5 Inchanged in chemical reaction	?
Answer: B			
118) With a family history of cardio healthy"?	ovascular disease, which toas	st spread would be considered	d the most "heart
A) lard (pig fat)	<b>f</b>	B) butter containing butter	fat
C) margarine containing tra Answer: D	ans rats	D) olive oil	

11	<ul> <li>9) Which of the following is <i>incol</i></li> <li>A) amino acid; protein</li> <li>C) eicosanoid; triglyceride</li> </ul>	rrectly matched?	B) nucleotide; nuc D) monosaccharide	
	Answer: C			-
12	0) Starch is the stored carbohydr A) glucose	ate in plants, while B) triglyceride	_ is the stored carbohy C) glycogen	/drate in animals. D) cellulose
	Answer: C			
12	<ol> <li>How many phosphates would A) none</li> </ol>	ADP have attached to it? B) three	C) two	D) one
	Answer: C			
12	<ul> <li>2) Tendons are strong, rope-like would provide strength to a te</li> <li>A) albumin</li> </ul>		B) molecular chap	
	C) collagen Answer: C		D) actin	
	<ul> <li>3) Phospholipids make up most of inside of a cell, which of the form A) two back-to-back phosphology B) a single layer of phosphology C) a single layer of phosphology D) two back-to-back phosphology Answer: A</li> </ul>	llowing phospholipid arra holipid layers with the pol plipids with the polar heads plipids with the polar heads	ngements makes the m ar heads facing out on s facing outside the cel s facing inside the cell	nost sense? both sides I
12	<ul> <li>4) What type of chemical bond ca</li> <li>A) hydrogen</li> <li>C) polar covalent</li> <li>Answer: D</li> </ul>	an form between an atom v	vith 11 protons and an B) non-polar cova D) ionic	•
SHORT	ANSWER. Write the word or p	hrase that best completes	each statement or answ	wers the question.
12	5) What happens when globular Answer: The active sites are d	•		
12	6) Explain the difference betweer	n potential and kinetic ener	gy.	
	Answer: Potential energy is in action.	active stored energy that h	as potential to do work	<. Kinetic energy is energy in
12	7) How can phospholipids form	a film when mixed in wate	r?	
	Answer: Phospholipids have l nonpolar end oriente	both polar and nonpolar en ad in the opposite direction	•	racts with water, leaving the
12	8) What properties does water ha	ave that make it a very vers	atile fluid?	
	Answer: High heat capacity, h	high heat of vaporization, p	olar solvent properties	, reactivity, and cushioning.

- 129) What advantages does ATP have in being the energy currency molecule?
  - Answer: Its energy is easy to capture and store; it releases just the right amount of energy for the cell's needs so it is protected from excessive energy release. A universal energy currency is efficient because a single system can be used by all the cells in the body.
- 130) Explain why water is considered to have partial charges even though it is sharing electrons in a polar covalent bond.
  - Answer: Due to the electronegativity of oxygen, it pulls the shared electron more strongly than the hydrogen. As a result, the oxygen acquires a partial negative charge, and the hydrogens acquire a partial positive charge.
- 131) When a set of electrodes connected to a light bulb is placed in a solution of dextrose and a current is applied, the light bulb does not light up. When the same unit is placed in HCl, it does. Why?
  - Answer: HCI ionizes to form current-conducting electrolytes. Dextrose does not ionize, and therefore does not conduct current.
- 132) Describe the factors that affect chemical reaction rates.
  - Answer: Temperature increases kinetic energy and therefore the force of molecular collisions. Particle size: smaller particles move faster at the same temperature and therefore collide more frequently; also, smaller particles have more surface area given the same concentration of reactants. Concentration: the higher the concentration, the greater the chance of particles colliding. Catalysts increase the rate of the reaction at a given temperature. Enzymes are biological catalysts.
- 133) Protons and electrons exist in every atom nucleus except hydrogen. Is this statement true or false and why?
  - Answer: False. Hydrogen has one proton and one electron. It is the neutron, not the electron that can coexist in the nucleus and that hydrogen does not have.
- 134) A chemical bond never occurs between components of a mixture. Discuss this.
  - Answer: Mixtures come in three forms–solutions, colloids, and suspensions. Components of these mixtures always retain their original makeup and can be separated into their individual components; therefore, no chemical bonding has taken place.
- 135) All chemical reactions are theoretically reversible. Comment on this statement.
  - Answer: It is possible to reverse any reaction if the products are still present. Those that are only slightly exergonic are easily reversible. Some would require an enormous amount of energy to reverse. In the simple reaction Na + Cl →NaCl the amount of energy it takes to reverse table salt to chlorine gas and sodium metal is enormous. When glucose is oxidized the energy goes into bonds of ATP molecules which are then spent and thus the energy is not available to reform glucose.
- 136) What is the major difference between polar and nonpolar covalent bonds?
  - Answer: Polar bonds have an unequal sharing of electrons resulting in a slight negative charge at one end of the molecule and a slight positive charge at the other end. Nonpolar bonds have an equal sharing of electrons, resulting in a balanced charge among the atoms.
- 137) An amino acid may act as a proton acceptor or donor. Explain.
  - Answer: Amino acids have two components–a base group (proton acceptor) and an organic acid part (a proton donor). Some have additional base or acid groups on the ends of their R groups as well.

- 138) Name at least four things you know about enzymes.
  - Answer: 1. Most are proteins.
    - 2. They have specific binding sites for specific substrates.
    - 3. They lower the activation barrier for a specific reaction.
    - 4. The names often end in "Suffix: ase."
    - 5. They can be denatured.
    - 6. They can be used again and again.
- 139) In the compound H<sub>2</sub>CO<sub>3</sub>, what do the numbers 2 and 3 represent?
  - Answer: The 2 indicates that there are two hydrogen atoms in the compound and the 3 indicates that there are three oxygen atoms in the compound.
- 140) Are all chemical reactions reversible? If not, why aren't they all reversible?
  - Answer: All chemical reactions are theoretically reversible, but only if the products are not consumed and enough energy is available for the reaction.
- 141) If all protons, electrons, and neutrons are alike, regardless of the atom considered, what determines the unique properties of each element?

Answer: Atoms of different elements are composed of different numbers of protons, electrons, and neutrons.

- ESSAY. Write your answer in the space provided or on a separate sheet of paper.
  - 142) Mrs. Mulligan goes to her dentist and, after having a couple of cavities filled, her dentist strongly suggests that she reduce her intake of sodas and increase her intake of calcium phosphates in the foods she eats. Why?
    - Answer: Sodas are strong acids that can reduce bone and tooth salts. Calcium phosphate makes teeth hard and therefore more resistant to tooth decay.
  - 143) Although his cholesterol levels were not high, Mr. Martinez read that cholesterol was bad for his health, so he eliminated all foods and food products containing this molecule. He later found that his cholesterol level dropped only 20%. Why did it not drop more?
    - Answer: Cholesterol is produced by the liver, in addition to being ingested in foods.
  - 144) How can DNA be used to "fingerprint" a suspect in a crime?
    - Answer: The DNA of a person is unique to that individual. By obtaining the DNA from nucleated cells from the crime scene (e.g., blood, semen, other body tissues), enzymes may be used to break up the DNA into fragments. Because nearly everyone's DNA is different, it also breaks up into fragments differently. When the fragments are separated, they form patterns even more unique than fingerprint patterns. A match of suspect and crime scene DNA is strong evidence.
  - 145) Why is it possible for us to drink a solution that contains a mixture of equal concentration of a strong acid and a strong base, either of which, separately, would be very caustic?
    - Answer: When an acid and base of equal strength are mixed, they undergo a displacement (neutralization) reaction to form water and a salt.
  - 146) A 65-year-old patient came to the emergency room with complaints of severe heartburn unrelieved by taking a "large handful" of antacids. Would you expect the pH to be high or low? Explain why.
    - Answer: You would expect a high pH. Taking antacids will neutralize the acidic stomach. Taking a "handful" of antacids can cause an alkaloid state. Certain drugs, such as corticosteroids and antacids that contain baking soda, will lead to metabolic alkalosis.

- 147) A 22-year-old female college student is stressed out due to final exams and begins to hyperventilate. This means she is exhaling too much carbon dioxide. As a result, the pH of the blood will become too basic creating a homeostatic imbalance. Her friend hands her a paper bag and instructs her to inhale and exhale into the bag. Breathing in the bag helps to replace the lost carbon dioxide lowering the pH back to normal levels. Which buffer system in the body will be involved in this reaction?
  - Answer: The bicarbonate buffer system is going to be involved in this situation. In this buffer system, the weak acid is carbonic acid, which is formed from the reaction between carbon dioxide and water. The body responds to an increase in blood pH by shifting the equation to the left, causing carbonic acid to dissociate into bicarbonate and protons. These protons will bring the rising pH back to a normal level.
- 148) Brenda is a 26-year-old female who is being discharged from the hospital after a vaginal delivery of an 8-pound healthy infant. Brenda is instructed by the nurse to eat a diet high in fiber and to drink 8 glasses of water per day to prevent constipation. Explain the role of fiber and water to promote defecation.
  - Answer: Cellulose is a polysaccharide found in all plant products that adds bulk to the diet to promote feces through the colon. Water acts as a lubricating liquid within the colon, which eases feces through the bowel.