

## Chapter 2: Historical Perspectives

### Multiple Choice

Identify the choice that best completes the statement or answers the question.

- \_\_\_ 1. The early Christian era brought which of these important changes in health care?
- The development of aqueducts and sewage systems
  - A belief in the sanctity of life
  - A deep understanding of the anatomy of the human body
  - The shift of care from the home to large hospitals
- \_\_\_ 2. Which development during the European Middle Ages led to a major improvement in health care?
- A rapid growth in medical knowledge
  - Establishment of large central hospitals
  - Growth of religious orders to care for the sick
  - A shift to care of ill persons by women
- \_\_\_ 3. Who is called the “father of modern medicine”?
- William Harvey
  - Hippocrates
  - Cyrus the Great
  - Emperor Darius
- \_\_\_ 4. What are the dates of Florence Nightingale’s birth and death?
- March 3, 1578; June 10, 1657
  - January 9, 1715; September 30, 1785
  - May 12, 1820; August 13, 1910
  - April 15, 1932; December 10, 1957
- \_\_\_ 5. Identify a key element in the success of Nightingale’s school of nursing.
- It was not under control of the hospital.
  - Large amounts of private funds were paid to well-qualified teachers.
  - The Watson Model for nursing was used.
  - The primary goal was service to the hospital rather than education.
- \_\_\_ 6. What was a major goal of Lavinia Dock?
- Establish a new nursing organization.
  - Publish a nursing journal.
  - Obtain the right to vote for women.
  - Improve the education of nurses.
- \_\_\_ 7. Which belief about what nurses needed to do shaped Lillian D. Wald’s nursing practice?
- Spend more time in clinical preparation and less time in the classroom.
  - Fight political corruption to procure the types of legislation needed to improve social conditions.
  - Conduct more research into the conditions of hospital patients.
  - Stand up to medical doctors who were arrogant and obnoxious.

- \_\_\_ 8. Which problem had the most effect on nursing education during the 1920s and 1930s?
- Too many college-based schools of nursing
  - A lack of qualified nursing instructors
  - Too many nursing students from the lower and middle classes
  - Not enough demand for educated nurses
- \_\_\_ 9. Identify a negative effect that World War II had on health care in the United States.
- A rapid increase in medical knowledge
  - Expanded health-care services
  - Increased use of licensed practical nurses (LPNs) and aides to substitute for a lower number of registered nurses (RNs)
  - Increases in pay for nurses
- \_\_\_ 10. Select the statement that most accurately states the effects of increasing populations on health care.
- Economically depressed populations have fewer health-care needs.
  - Larger populations often lead to large numbers of well-educated and well-nourished people.
  - Large groups of economically depressed people tend to live in rural areas.
  - Crowded living conditions in cities lead to the spread of communicable diseases.
- \_\_\_ 11. Which characteristic of health care in ancient civilizations distinguishes it from the health care of today?
- Health care was closely related to religious practices.
  - Most health care was provided by women.
  - Health care focused on curing the sick and injured.
  - Physicians received extensive education in formal schools.
- \_\_\_ 12. What are two similarities between the health care provided by the ancient Hebrews and that practiced by the ancient Egyptians?
- The belief that disease was caused by evil spirits and the use of health spas
  - Trained women as the primary care providers and the use of many medications
  - Majority of health care provided in hospitals and the use of medical specialization
  - Emphasis on sanitation and well-developed knowledge of surgical techniques
- \_\_\_ 13. Select the element of the medical practice of Hippocrates that remains appropriate for the health-care providers of the 21st century.
- Belief that disease is a result of failure to comply with the natural law
  - The whole client needs to be treated: the mind, body, and spirit
  - Only physicians have enough education to provide safe health care
  - Hospitals should be avoided unless there are no other treatment options
- \_\_\_ 14. Identify the characteristic of ancient Roman society that distinguished the health-care practices of the empire from those of its surrounding neighbors.
- Use of slaves to provide basic health care
  - Belief that the Roman Emperor was a descendent of a god
  - Lack of concern about the sanctity of life
  - Relatively high social status allotted to Roman women
- \_\_\_ 15. To what event and to which period of history is the disappearance of male nurses usually attributed?

- a. The Crusades during the Dark Ages
- b. The use of medical inventions during the Renaissance
- c. The Protestant Reformation during the Middle Ages
- d. The rapid population growth during the Industrial Revolution

- \_\_\_\_\_ 16. For which contribution to professional nursing is Isabel Adams Hampton Robb most noted?
- a. Raising the standards for nursing education
  - b. Developing storefront clinics in New York City
  - c. Advocating the use of MASH units during the Korean War
  - d. Changing the laws that affect health care of the poor

**Completion**

*Complete each statement.*

17. The Dark Ages brought the advent of \_\_\_\_\_ that were composed exclusively of men who wore suits of armor to protect themselves and their hospitals.
18. List the following civilizations in their correct time sequence.
- \_\_\_\_\_ Greek Empire
  - \_\_\_\_\_ Ancient Hebrews
  - \_\_\_\_\_ Roman Empire
  - \_\_\_\_\_ Egyptian Empire
  - \_\_\_\_\_ Taoism

## Chapter 2: Historical Perspectives

### Answer Section

#### MULTIPLE CHOICE

1. ANS: B                    PTS: 1                    DIF: Medium  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Application | Integrated Process: Planning
2. ANS: C                    PTS: 1                    DIF: Hard  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Planning
3. ANS: A                    PTS: 1                    DIF: Easy  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Planning
4. ANS: C                    PTS: 1                    DIF: Easy  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Planning
5. ANS: A                    PTS: 1                    DIF: Medium  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Intervention
6. ANS: C                    PTS: 1                    DIF: Medium  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Application | Integrated Process: Intervention
7. ANS: B                    PTS: 1                    DIF: Medium  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Planning
8. ANS: B                    PTS: 1                    DIF: Hard  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Application | Integrated Process: Implementation
9. ANS: C                    PTS: 1                    DIF: Medium  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Problem identification
10. ANS: D                    PTS: 1                    DIF: Easy  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Planning
11. ANS: A                    PTS: 1                    DIF: Medium  
KEY: Client Need: Intervention | Cognitive Domain: Knowledge | Integrated Process: Problem identification
12. ANS: D                    PTS: 1                    DIF: Hard  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Evaluation | Integrated Process: Evaluation
13. ANS: B                    PTS: 1                    DIF: Hard  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Evaluation
14. ANS: D                    PTS: 1                    DIF: Medium  
KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Implementation
15. ANS: C                    PTS: 1                    DIF: Medium

KEY: Client Need: Psychosocial integrity | Cognitive Domain: Application | Integrated Process: Problem identification

16. ANS: A PTS: 1 DIF: Medium

KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Intervention

## COMPLETION

17. ANS: military nursing orders

PTS: 1 DIF: Medium

KEY: Client Need: Safe and effective care environment | Cognitive Domain: Comprehension | Integrated Process: Problem identification

18. ANS:

5, 4, 2, 1, 3

5 4 2 1 3

PTS: 1 DIF: Hard

KEY: Client Need: Safe and effective care environment | Cognitive Domain: Analysis | Integrated Process: Intervention